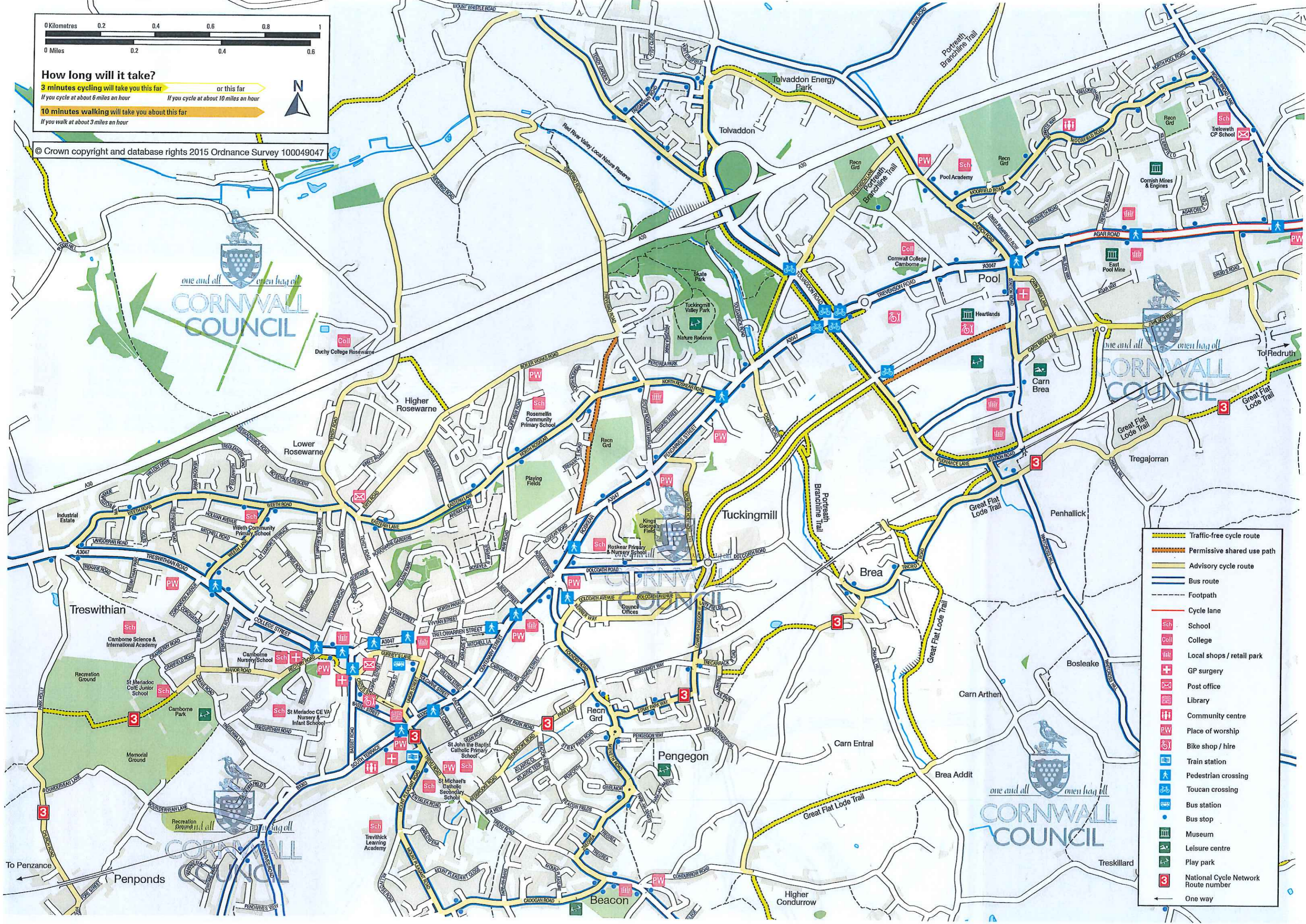


How long will it take?
 3 minutes cycling will take you this far or this far
 If you cycle at about 6 miles an hour If you cycle at about 10 miles an hour
 10 minutes walking will take you about this far
 If you walk at about 3 miles an hour

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- Traffic-free cycle route
- Permissive shared use path
- Advisory cycle route
- Bus route
- Footpath
- Cycle lane
- School
- College
- Local shops / retail park
- GP surgery
- Post office
- Library
- Community centre
- Place of worship
- Bike shop / hire
- Train station
- Pedestrian crossing
- Toucan crossing
- Bus station
- Bus stop
- Museum
- Leisure centre
- Play park
- National Cycle Network Route number
- One way

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